Aledia
Association lavalloise pour la déficience intellectuelle & le trouble du spectre de l'autisme

Registration Form • Winter Session 2022

THE SESSION BEGINS ON MONDAY JANUARY 17TH 2022

Places are limited

Please complete the registration form and payment and return it to ALEDIA at 73, boul. St-Elzéar West, Laval, H7M 1E7.
Only registration forms with post-dated checks will be considered.

Rate : 9 $ per half-day 18 $ per full day

Participant : _____ **Tel. :** _____

Date of Birth : _____

Diagnosis : _____ _____

Person responsible : _____ **Tel. :** _____

Person to contact in case of emergency _____ **Tel.:** _____

Educator : _____ **Tel. :** _____

STL User ID : _____

Billing					
CISSSL	☐	**Curator**	☐	File number :	_____
		Participant	☐		
Parents	☐	**Other**	☐	_____	

Please check your choices :

WINTER 2022	Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday
	Full day	☐	☐	☐	☐	☐
Morning From 8h00 to 11h30	**AM (8h30-10h00)**	Presentation and discussion	Awareness !	Grocery store	Games	Sports day at the community center (387 Boul. des Prairies, Laval, QC, H7N 2W4) - Warm-ups and physical exercises - Hockey Cosom - Martial arts - Various games _____ + 1 outing activity / month
	AM (10h15-11h30)	Arts and crafts	Mastermind	Around the world	Aledia`s craftsmen	
	Half-day AM	☐	☐	☐	☐	
Afternoon From 12h30 to 15h00	**PM (12h30-13h45)**	Rythmo !	Ancient history	Sensory Development	Library	
	PM (13h45-15h00)	Let's discover different professions	Self-care	Copy-paste	Pet store	
	Half-day PM	☐	☐	☐	☐	

Name **Signature** **Date**

73, boulevard Saint-Elzéar O., Laval (Qc) H7M 1E7
450.972.1010 F: 450.972.1515
www.aledia1959.com

Important date	
Winter session 2022	From January 17th 2022 to March 25th 2022
Statutory holidays	None
Holiday break *ALEDIA is closed*	From March 28th 2022 to April 1st 2022

Please note:

- Sports Fridays cannot be taken as a half-day and it is compulsory to register every Friday to participate in this outing.
- **It is YOUR responsibility to make the reservation for the suitable transport for your participant.**
- We will not accept any modification of your choices after confirmation of your registration. Please verify your participants schedule before sending the form. However, a cancellation or a change of schedule will be accepted on presentation of supporting documents.
- We do not make any reimbursement without valid reason.
- We remind you that all payments of $ 10 or more must be made by CHECK only.
- **Payment** for sessions must be made **at the time of registration**. It is possible to make payment in 2 installments with postdated checks.
- Please note that you will be charged an additional $ 5 late fee per 15 minutes after 4:00 p.m.
- It is important to know that a $ 25 fee will be charged for Non-sufficient funds (NSF) checks.

Guidelines – COVID 19

Very important: if the user has been in contact with:
1. confirmed cases of COVID-19;
2. people who have been in close contact with a confirmed case of COVID-19;
3. people awaiting the result of a COVID-19 test;
4. people with symptoms compatible with COVID-19 (ex. fever, onset or worsening of a cough, difficulty breathing, sudden loss of smell without nasal congestion).

The user must not leave home and especially not present at ALEDIA.

I have read and confirm my responsibility to the organization for the propositions mentioned above.

Name **Signature** **Date**

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DESCRIPTION OF ACTIVITIES	
Presentation and discussion	Various subjects presented in order to develop knowledge on different themes through presentations and discussions.
Arts and crafts	Workshops to develop artistic skills using different techniques such as cutting, coloring, painting, collage and drawing.
Rythmo !	Music class offered by a professional.
Let's discover different professions	Participants will have the chance to discover different professions through presentation, discussion and activities.
Awareness !	The objective of this workshop is to educate as many of our participants on various topics. This will increase their self-esteem as well as their autonomy. They will also be able to develop the knowledge they learn through different activities (hair washing, nail care, fire alarm, self-control and more.) * Take note that the activities are not performed on the participants.
Mastermind	Initiation and stimulation of the basics, through various games and activities like writing, reading, board games and guessing games.
Ancient history	Participants will experience the ancient world through various activities, such as staging, crafts, presentations and more.
Self-care	Develop gross motor skills through different yoga movements. Get participants to develop techniques for dealing with emotions, such as breathing.
Grocery store	Participants are led to have experiences similar to shopping for the groceries. They will be able to choose the desired foods to put in their basket. IN addition, participants will learn about different trades, different foods and products found in the grocery store.
Around the world	Workshop on different countries to learn about different notions such as cultures, languages, clothing around the world.
Sensory Development	Allow participants to further develop their senses, such as sight, smell, touch and hearing. They will have access to different materials and will have the chance to make their own sensory tools.
Copy-paste	Get participants to reproduce different movements and noises from different sources, such as dance movements, action movements, animal noises and movements, transportation sounds and movements and more.
Games	This workshop will allow participants to have fun and maintain memory and concentration using different games, such as board games, seek and find, puzzles, etc.
Aledia`s craftsmen	Participants will be able to use their creativity while working their fine motor skills and creativity through a long-term project. They will then be able to see their project develop during the session.
Library	Participants will work on their cognitive sphere by listening and understanding the meaning of the story using gestures, sounds, images and questions that the speaker will propose.
Pet store	Develop knowledge about different animals (Habitats, what they eat and more).
Warm-ups and physical exercises	A day dedicated to improving fitness and team spirit from various group sports (cosom hockey, balloon hunting, soccer, badminton, yoga, dance, etc.). Initiation to the martial arts in order to increase the capacity of concentration, the control of oneself and the esteem of the users.
Hockey Cosom	Improve physical fitness and team spirit. Amélioration de la forme physique et de l'esprit d'équipe.
Martial arts	Introduction to martial arts offered by a professional, in order to increase the capacity of concentration, self-control and self-esteem.
Various activities	Participants will have a choice of various team activities, such as hunter ball, dancing, walking and more.